

Full-fat Whole Flaxseed

Full-fat whole flaxseed, containing approximately 23% crude protein and 40% fat, has been successfully fed to lactating cows. The seeds must be adequately crushed to be of value since the digestibility of unprocessed seed is low.

for more information:

[Manipulating milk composition 2. Feeding oilseeds alters fat composition](#), *University of Alberta Dairy Research Highlights*

[The Effect of Dietary Fat Source on Performance](#), *University of Alberta Dairy Research Highlights*